

# THE COSMETIC DENTAL STUDIO

WWW.THECOSMETICDENTALSTUDIO.COM

## what we can do for you



### Routine Dentistry

If all that you want is a routine check up and minimal dentistry then please be assured that this will always be available in our practice.

- White fillings
- Root canal treatment
- Gum health care
- Emergency dental treatment
- Crown & bridge work
- Dentures

We are also more than happy to provide the dental care that your children need.

### Cosmetic Dentistry

We can also transform a smile and make you feel a completely 'new you'.

- Cosmetic dental makeovers
- Tooth whitening
- Dental Implants
- Porcelain veneers
- Ceramic crowns
- Bridge work
- Diagnostic wax ups

For further explanation on these procedures please read our information leaflets.

### Sedation

If you are a nervous patient, your treatment can be provided under sedation. Sedation is provided at our surgery by professional anaesthetists.

Many practices supply some or all of the services that we have. We try to be different by really listening to our patients.

We offer the latest, most up to date technology, yet we do recognise that a friendly and welcoming atmosphere and attitude are the most important features that we provide.

#### HARWICH

49 Kingsway, Dovercourt,  
Harwich, Essex, CO12 3JT  
tel: 01255 508570

#### CLACTON-ON-SEA

25 Carnarvon Road,  
Clacton-on-sea, Essex, CO15 6QF  
tel: 01255 423299

# THE COSMETIC DENTAL STUDIO

WWW.THECOSMETICDENTALSTUDIO.COM

## other services

### Hygienist

Regular scaling and polishing by our hygienists helps keep your teeth and gums healthy and your smile whiter. Scaling removes the hard tartar which cannot be removed by brushing. Stains from coffee, tea, cigarettes or red wine are removed with the polishing. We provide sodium bicarbonate-based jet polishing on a private basis which is used for extremely stained or smokers teeth.

If you visit the dentist or hygienist at regular intervals and follow a daily cleaning plan, there is more chance that you will keep your teeth into your old age. Catching the problem before there is too much damage can only be achieved if you visit your dental practice.

Calculus or tartar refers to calcified deposits on the teeth, formed by the presence of saliva, debris, minerals and plaque. Its rough surface provides an ideal medium for plaque formation, threatening the health of the gums and it absorbs stains far more easily than natural teeth. Plaque then accumulates on top of the calculus and causes gum inflammation and gum recession.

Calculus comes in two forms. **Supragingival** (above the gum line) calculus is the visible deposit that forms on the surface of the teeth. **Subgingival** (below the gum line) tartar forms in pockets between teeth and gums. Subgingival calculus is more harmful as it facilitates faster growth of plaque. Your dentist will refer you to our hygienist if necessary.

### Disabled Patients

Both our practices have dedicated disabled access and bathroom facilities. Our ground floor surgery's have plenty of room for wheelchairs and walking frames.

If you are unable to attend the practice, routine examinations and dentures can be offered in your own home. One of our dentists will make a home visit to you. Costs and further information are available upon request.



#### HARWICH

49 Kingsway, Dovercourt,  
Harwich, Essex, CO12 3JT  
tel: 01255 508570

#### CLACTON-ON-SEA

25 Carnarvon Road,  
Clacton-on-sea, Essex, CO15 6QF  
tel: 01255 423299